

HanLing Acupuncture Healing Center, Inc
Movie List

- #1 A, B === **Eating**
- #2 A, B, C ===== **McDougall's Advanced Study Series** (T.Colin Campbell)
- #3 A, B, C ===== **McDougall's Advanced Study Series** (Michael Greger M.D.)
- #4 A, B ===== **Lighten Up** (Jeff Novick)
- #5 ===== **The China Study** by T.Colin Campbell (book)
- #6 B ===== **Fast Food** (Jeff Novick)
- #7 A ===== **McDougall Made Irresistible** "These meals are family and guest pleasers".
- #8 ===== **Calorie Density** (Jeff Novick) "How to eat more, weigh less and live longer".
- #9 ===== **Mad Cowboy Lecture 2007** (Howard Lyman)
- #10 ===== **Losing weight without losing your mind** (Doug Lisle)
- #11 A, B ===== **Should I eat that?** (Jeff Novick)
- #12 ===== **Mad Cowboy the Documentary** (Howard Lyman)
- #13 ===== **Taking Control of Diabetes** (Neal Barnard M.D.)
- #14 ===== **Dr. McDougall's Total Health Solution**
- #15 A, B ===== **Healing Cancer from the Inside Out** (Mike Anderson)
- #16 ===== **Dr. McDougall's Common Sense Nutrition**
- #17 ===== **Dr. McDougall's Money Saving Med Advise, max weightloss, vitamins, choosing a Dr.**
- #18 ===== **McDougall Made Easy, 14 Practical lessons 14 great cooking demos**
- #19 ===== **McDougall's Medicine, Fighting the big fat lies with fad-free truth**
- #20 ===== **Processed People** "The antidote to America's toxic lifestyle".
- #21 ===== **Kick start your Health** (Neal Barnard M.D.)
- #22 ===== **A new Approach to Nutrition for diabetes** (Neal Barnard M.D)
- #23 ===== **The McDougall Advanced Study Series** (Neal Barnard M.D.)
- #24 ===== **The McDougall Advanced Study Series** (Howard Lyman)
- #25 ===== **The McDougall Advanced Study Series** (John Abramson M.D.)
- #26 === **The McDougall Advanced Study Series** (Caldwell B. Esselstyn Jr. M.D. and Ann Esselstyn)
- #27 A, D ===== **A Delicate Balance**
- #28 ===== **Jeff Novicks's Fast food Recipes** (Yellow Folder)
- #29 ===== **Dr. Dean Ornish's Program for Reversing Heart Disease** (book)
- #30 B ===== **Forks Over Knives**
- #31 ===== **To Your Health**
- #32 A, B, ===== **The Living Matrix**
- #33 B, C, D ===== **Food Matters** "You are what you eat"
- #34 ===== **The Gerson Therapy** (book)
- #35 ===== **Prevent and Reverse Heart Disease** (book)
- #36 ===== **Voices of Qi** (book)
- #37 ===== **Vegan Bodybuilding & Fitness**
- #38 A, B ===== **Younger Next Year** by Dr. Henry Lodge
- #39 ===== **Diet for a New America**
- #40 ===== **Eating**
- #41 ===== **The China Study (Book)**
- #42 ===== **HVN's Whole Food, Plant-Based Wisdom**
- #43 ===== **A Cancer Therapy (Book) by Max Gerson, M.D.**

- #44 =====HEALING The Gerson Way (Book) by Charlotte Gerson
- #45 A =====The Gerson Therapy Volume 1 DVD
- #45 B =====The Gerson Therapy Volume 2 DVD
- #45 C =====The Gerson Therapy Volume 3 DVD
- #46 =====Sitting Kills, Moving Heals
- #48 A, B=====Forks Over Knives
- #49 =====Fasting
- #50 =====Digestion made easy
- #51 =====Back Pain (The Primal Posture Solution)
- #52=====Food that Fights Pain (Book)
- #53=====Peacable Kingdom
- #54=====The Witness
- #55=====Food, Inc
- #56 A, B=====Frontline Life & Death in Assisted Living
- #59=====Healing (Book)
- # 60 =====Nutrition and Physical Degeraion (Book)
- # 61 ===== Starch Solution
- # 62 ===== Prevent and Reverse Heart Disease
- # 63 ===== Back Pain
- # 64 ===== Healing Cancer from the inside out
- #65 ===== Protect your Memory
- #66 ===== Latest in Clinical Nutrition
- #67 ===== Healthy Eating Heathy World
- # 68 ===== We Animals